CHAMPLAIN SPEAKER



https://champlainpark.org/

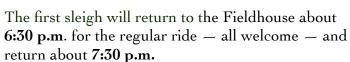


Sleigh ride Thursday, Dec. 19

This year, new ride for toddlers & parents

The annual sleigh ride is so popular, we're trying something different this year to keep all the little elves happy.

We're adding a second, early ride, starting at 6 p.m., intended for toddlers and their parents.



The sleigh ride operator has asked us to help cope with safety issues related to overcrowding. We ask that priority seating be given to young children, their caregivers and seniors. Feel free to walk behind the sleigh.



There will, of course, be a sing-along. Feel free to bring bells or other instruments. There is map on our website but remember it's just a guide.

There is a rumoured stop at Santa's house. Best be there to find out.

In case of poor weather, check the best for last-minute updates. Freezing rain can sometimes cancel the sleigh.

If the horses are unavailable, we'll meet at the Fieldhouse for a get-together.

Feel free to bring Christmas cookies or snacks

If you're able to volunteer with setup, cleanup, treats or hot chocolate, please contact Jim Cocks at jim.co@sympatico.ca

SJAM trail, new sliding hill, winter bistro, all near CP woods

We're very fortunate to have great access to the

winter trail along the Sir John A. Macdonald Parkway, from Westboro Beach to the Canadian War Museum (and Mill Street Pub!).

The 16-kilometre trail includes a 3.4-km loop through our park, the Champlain Woods and Tunney's Pasture. Trail users can warm up in our heated change/washrooms. Check hours on page 2.

Follow **@SJAMWinterTrail** on twitter and check the web for updates, as snow conditions can wildly vary.

Look for the new **Remic Winter Hill** on the slopes of Remic Rapids Park. The NCC has cleared a

small, gradual slope on the south side of the trail near the Remic parking lot, not far from the Carleton tunnel.

Then there's the **Bistro.** The NCC hopes to have the licensed eatery open on winter weekends, right by the Remic rapids.

It's weather dependent, but look for the firepit and comfy chairs. Check the web, too, for details on the SJAM Ski and Winter Festival on Jan. 19.

A reminder the trail is maintained by Groomer Dave, via Dovercourt, and donations are essential to keep the

program running. Check <u>wintertrail.ca</u> for details on giving.



New rink co-ordinator this year. Help wanted!

We begin with massive thanks to Jim Kot for his many years of loyal service as rink co-ordinator in Champlain Park.

Jason Ilacqua is our new volunteer organizer. He can be reached at 613-867-1994 and

jason ilacqua@hotmail.com Please contact him for questions about rink

availability, special events and booking arrangements. Jason is looking for 3 to 6 dependable people to help with supervision of about 20 hours a week, @ \$10/hr.

Candidates must be at least 14, have a police record check, cell phone and be able to work three to six shifts a week. Work runs from end of December to end of February.

Volunteers are also needed for snow clearing.

Reserved Times:

Women's hockey: Sunday, 8 to 9:30 p.m. Hockey, kids 10 & under: Tuesdays, 6:30 to 7:30 p.m. Hockey, kids 11 to 14: Tuesdays and Thursdays, 7:30 to 8:30 p.m.



Notes on Use/Permits

- * Only if the group is related to our neighbourhood will a permit be considered after regular hours of operation.
- * During weekdays, the school has priority.
- * Tunney's Pasture staff may use rink during lunch.
- * Special events can be arranged, as long as they don't interfere with regular skating hours. (Some exceptions)

Supervised Hours:

Monday: closed. Tuesday to Friday: 6:30 p.m. to 9 p.m. Saturday: 11 a.m. to 3 p.m. Sunday: 11 a.m. to 3 p.m.

Regular Fieldhouse programs resume in January

Just remember: Many more details on each program on-line https://champlainpark.org

Yoga (Mon & Wed)

Begins: Jan. 6 or 8 When: Mondays 6:45 to 7:45 p.m. & Wednesdays from 6 to 7 p.m.

Ends: Mondays (May 11) Wednesdays (May 20) # of classes: Monday (17) Wednesday (20) Cost: Mon (\$144), or Wed (\$168) or \$8 each, or \$10 drop-in.

Fitness

Begins: Jan. 6 When: Mondays from 5:30 to 6:30 p.m. Ends: May 11 # of classes: 17 Cost: \$144 or \$8 each, or \$10 drop-in.

Seniors Card Games

Begins: Jan. 9 When: Thursdays, at 1:30 p.m. Ends: in June Skill: All levels welcome.

Games: Bridge, Euchre, Cribbage, others Info: Amy Kempster, 613-722-6039

Garden Club

Begins: Jan. 14 When: Second Tuesday of every month.

Cost: \$25 for season or \$5 drop-in. Info: Laurie Fagan,

613-728-1945.

Karate: Wednesdays, 8 p.m. to 9:30 p.m. for all levels, starts Jan. 8. Ottawa West Dojo practice. Check web for fees and details.

Finally good peeps, some Calendar Alerts.....

