

CHAMPLAIN SPEAKER



<https://champlainpark.org/>



Sleigh ride Thursday, **Dec. 20**

Carol singing, stop at Santa's Hideaway!

It's official. Champlain Park's in a festive mood!

The sleigh ride and carol sing-along is scheduled to depart the Fieldhouse about **6:15 p.m.** and return at about **8 p.m.**

The sleigh ride operator has asked us to help cope with safety issues related to overcrowding. We ask that priority seating be given to young children, their caregivers and seniors.

Unless space permits, adults and older youth are asked to walk behind the sleigh. Feel free to bring bells or other musical instruments. There is map on our website (champlainpark.org) but remember it's just a guide.



In case of poor weather, check the best for last-minute updates. Freezing rain can sometimes cancel the sleigh.

If the horses are unavailable, we'll meet at the Fieldhouse for a get-together.

Please feel free to bring Christmas cookies or snacks.

Jim Cocks has very generously donated his time to organize the event,

If you're able to volunteer with setup, cleanup, treats or hot chocolate, please let Jim know at jim.co@sympatico.ca or 613-728-7881.

SJAM winter trail loops through Champlain Woods & Park

We're very fortunate to have great access to the winter trail along the Sir John A. Macdonald Parkway.

The 16-kilometre trail includes a 3.4-km loop through our park, the Champlain Woods and Tunney's Pasture. Trail users can also warm up in our heated change-rooms. Check hours on page 2.

Follow @SJAMWinterTrail on twitter and check the web for updates, as snow conditions have varied wildly this winter.

Not far off the trail, you may notice some work underway near the Remic Rapids parking lot.

As part of its invasive species management strategy and emerald ash borer program, the NCC is removing dead and unwanted trees or those that pose a safety risk to the public. This work is in advance of replanting native trees and shrubs in the spring. It's scheduled from Nov. 26 to Dec. 14, between 7 a.m. and 5 p.m. weather permitting. The parking lot will be closed to the public and the trail may be shut for a couple of days. Look for signage.



Baby, it's cold outside....Park campfire Sun., Feb. 10. Details on web, next Speaker.



Volunteers needed for outdoor rink work

We'll take a donated shovel, spare muscle power!

Winter came early this year and may be digging in for a long spell! So Jim Kot is putting out an urgent call for volunteer help with shoveling & supervision on the rink.

Please contact Jim at 613-355-7519 or kris.tom@sympatico.ca for more details. High school students can earn community volunteer hours. Jim will coordinate the schedule for flooding, scraping, and clearing the ice. You can also support the rink by [donating a new shovel](#), tuning up the snowblower, refreshing the first aid kit, or donating funds.

Or just show up with a shovel after a snowfall. Opening day is weather dependent, but it's usually not sooner than Dec. 27. The last official day is Feb. 28 but that could be extended.



Notes on Use/Permits:

- * Only if the group is related to our neighbourhood will a permit be considered after regular hours of operation.
- * During weekdays, the school has priority.
- * Tunney's Pasture staff may use rink during lunch.
- * Special events can be arranged, as long as they don't interfere with regular skating hours. (Some exceptions)

Regular hours:

Monday to Friday: 6 p.m. to 9:30 p.m.

Saturday: Noon to 6 p.m.

Sunday: Noon to 6 p.m.

Reserved times:

Women's hockey: Sunday, 8 to 9:30 p.m.

Hockey, kids 10 & under: Tuesdays, 6 to 7 p.m.

Hockey, kids 11 to 14: Tuesdays and Thursdays, 7 to 8 p.m.

Regular Fieldhouse programs resume in January

➔ **Just remember:** Many more details on each program on-line <https://champlainpark.org>

Yoga (2 classes)

Begins: **Jan. 7 or 9**

When: **Mondays 6:45 to 7:45 p.m. & Wednesdays from 6 to 7 p.m.**

Ends: Mondays (May 13)

Wednesdays (May 29)

of classes: Monday (17)

Wednesday (21)

Cost: Mon (\$136), or Wed (\$168) or \$8 each.

Fitness

Begins: **Jan. 7**

When: **Mondays from 5:30 to 6:30 p.m.**

Ends: May 13

of classes: 17

Cost: \$136 or \$8 each.

Bridge

Begins: **Feb. 6**

When: **Wednesdays, at 2 p.m.**

Ends: in June

Skill: All levels welcome.

Info: Amy Kempster,
613-722-6039

Garden Club

Begins: **Jan. 8**

When: **Second Tuesday** of every month.

Cost: \$25 for season or \$5 drop-in.

Info: Laurie Fagan,
613-728-1945.

Karate: Thursdays, 10 a.m. to 11:30 a.m., for those over 60, should start **Jan. 10**. Please check our website for many more details on this activity.

➔ **Winter Carnival**, Saturday, **Jan. 26**, 1 to 3 p.m. Watch for news on web, next Speaker.