
CHAMPLAIN SPEAKER



October, 2003

Vol. 23, No. 2

Halloween party possessed, switches to Friday

The annual children's Halloween party goes ahead this year, with a slight time warp.

The event will be held on a Friday evening, the 24th, from 5:30 p.m. until 8 p.m.

A clown act is being conjured up and promises to pop out of a pumpkin at about 7 p.m. for a 30-minute show.

The spooky room, never a good place for the faint-hearted, is being designed, in a deep, dark laboratory, as we speak.

Don Monet has generously agreed to be the ring-leader again. He is looking for volunteers. Anyone who can help with decorating the field house or lend a hand during the party is asked to call 728-1750.

Admission is \$2. Everyone is encouraged to wear a costume.

A pumpkin-carving contest is planned, so sharpen your imaginations.

Safety tips to keep in mind on that spooky night

Halloween is that magical time of year when children get to dress up in wonderful and outrageous costumes as they gather a bag full of treats.

Here are a few safety tips for parents, put together by Health Canada.

Oct. 31 can be a chilly night so make sure costumes are loose enough to be worn over warm clothing but not so baggy or long that trick-or-treaters can trip over them.

If possible, choose brightly-coloured costumes that will be clearly visible to motorists

For greater visibility, add or incorporate reflective tape into the garment.

Make-up and face paint are better

than wearing masks, which can restrict breathing and/or vision.

If you choose to use a mask, make sure it is one that allows the child to see and breathe easily.

Look for costumes, beards and wigs labelled *Flame-Resistant* -- nylon or polyester costumes are best. *Flame-Resistant* does not mean 'fire-proof'.

Avoid costumes with baggy sleeves or flowing skirts to minimize the risk of contact with candles and other fire sources.

Halloween candles with multiple wicks close to one another are hazardous and should not be used. When lit they can produce a single high flame, or

several large flames close together, resulting in intense heat and the danger of igniting nearby materials, such as curtains or window sills.

If using decorative lights indoors or outdoors, use only lights that are certified by a recognized organization such as the Canadian Standards Association (CSA) or the Underwriters' Laboratory of Canada (ULC or cUL).

Check lights for broken or cracked sockets, frayed or bare wires or loose connections.

Discard damaged sets. Do not overload electrical outlets.

Community Association

Chair: Jonathan Chaplan (728-7670)

Vice-chair: Mark Cianfaglione (722-5674)

Treasurer: potter (728-4980)

Secretary: Lynne Bankier (729-0955)

Planning: Amy Kempster (722-6039)

Membership: Amy Kempster (722-6039)

Neighbourhood Watch: Michael Cheng (722-3344)

Fieldhouse co-ordinator: Laurie Fagan (728-1945)

Rink co-ordinator: Jacques Bourbeau (728-0337)

Adopt-a-Riverbank co-ordinator: Don Monet (728-1750)

TEENS AT WORK

Jessica (babysitting) 728-8413

Morgan (yard chores) 728-6530

Kym (babysitting) 729-5439

Paul (yard chores) 728-2583

Rory (yard chores) 798-0036

Karl (yard chores) 728-7589

Miriam (babysitting) 728-7589

Nick (computer help) 798-7652

Daniel (yard chores) 722-6134

Joey (babysitting) 728-5792

Katrina (babysitting) 725-5423

Serena (babysitting) 792-3829

Geneviève (babysitting) 722-0454

Caitlin (babysitting) 728-6530

CHAMPLAIN SPEAKER

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Diaper scam warning

I am writing so you can warn our neighbours of a scam being carried out around Champlain Park.

The doorbell rang at about 10:30 p.m. on a Friday night and I answered the door to find an anxious-looking, casually-dressed young man, about five-feet, seven inches tall, in his late 20s.

He introduced himself as a neighbour from 236 Daniel, who had a six-month old who had run out of diapers and had a terrible case of diarrhea. He asked to borrow some diapers.

When we didn't have any, he introduced himself (as Tom) and, apologizing, asked if I could lend him \$10 so he

could run to the store.

I gave him \$10. He thanked me and shook my hand and swore he'd pay me back the next day.

There is no 236 Daniel. I have since found out he had been to see my neighbour the week before (at that time, the child was one month old and he needed \$15.) He got \$20 and some diapers from a friend on Ross Avenue AND the friend saw him throw the diapers into the transitway on his way down the street. So be warned. A scoundrel is out there.

————— *A helpful neighbour*

A fabric flea market: What they ditch, you stitch

The annual Fabric Flea Market will be held this year at First Avenue Public School at First Avenue and O'Connor Street on Oct. 18, from 10 a.m. to 2 p.m. Find bargains galore on fabric, yarn, patterns and needlework supplies. The sale is held in support of Cambridge Street Public School. Donations of saleable materials are welcome. For information, call **Gail at 722-6874**.

Hush
Hush



1 The city of Ottawa is holding another open house on

Oct. 23 at the fieldhouse to discuss improvements to Scott Street, which may see bicycle lanes added. The meeting is from 5 p.m. to 8 p.m. **Richard Holder** is the city contact. See Amy's column on the back page for more details on the city's plan.

2 **Special Notice:** Ted, Jean and the Sauve family, 211 Cowley, would like to express their deep appreciation to the residents of Champlain Park and especially Cowley Avenue for their warm, sincere offerings of sympathy on the loss of the family pet, Dinah. The family knows many of the area children loved her and will miss her. The family feels blessed by the outpouring of support.

3 Interested in **Pilates?** Come and join a fun abs workout on

Saturday mornings, 8:30 a.m. to 9:30 a.m., hopefully beginning this fall. Cost depends on the number of registrants. For info, call **Laurie, 728-1945**.

4 **Champlain Park Garden Club.** Join us the second Tuesday of the month for guest speakers, slide shows, garden tours, hands-on demonstrations. Next meeting, **Tuesday, Oct. 14:** A slide-show tour of gardens in New York City and Philadelphia. November meeting is Nov. 11. For info, **728-1945**.

5 **Toshikai Dojo Karate.** Come learn the ancient ways of fitness, self-defence and weaponry. Sunday nights at the fieldhouse from 7:30 p.m. to 9 p.m. \$50 for 8 weeks. **Contact Tim Leonard**, 4th Degree Blackbelt at 596-2740 or just show up on Sunday.

October 2003

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1

Bridge Club
2 p.m.
Yoga
8-9:30 p.m.

2

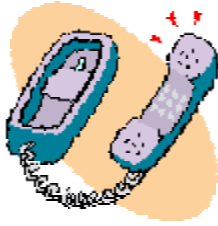
Playgroup
9:30-11:30 a.m.

3

ODS PLAYGROUP
9-11:30 a.m.

4

To add items,
call **728-1945**
or email
lfagan@magma.ca



5

7 p.m.
Karate
Classes

6

Yoga
8 to 9:30 p.m.
Blue
(yard waste)



7

Playgroup
9:30-11:30 a.m.
Ottawa Fly Fishing
7-9 pm

8

Bridge Club
2 p.m.
Yoga
8-9:30 p.m.

9

Playgroup
9:30-11:30 a.m.

10

ODS PLAYGROUP
9-11:30 a.m.

11

12

7 p.m.
Karate
Classes

13

A day to give thanks

14

Playgroup
9:30-11:30 a.m.
Black



15

Yoga at Noon
Bridge Club
2 p.m.
Yoga
8-9:30 p.m.

16

Playgroup
9:30-11:30 a.m.

17

ODS PLAYGROUP
9-11:30 a.m.

18

19

7 p.m.
Karate
Classes

20

Yoga
8 to 9:30 p.m.
Blue
(yard waste)



21

Playgroup
9:30-11:30 a.m.
Ottawa Fly Fishing
7-9 p.m.

Blue



22

Yoga at Noon
Bridge Club
2 p.m.
Yoga
8-9:30 p.m.

23

Playgroup
9:30-11:30 a.m.
Open House on
Scott Street
Project
5 to 8 p.m. in the
fieldhouse

24

ODS PLAYGROUP
9-11:30 a.m.
Halloween
Party
5:30 p.m.
to 8 p.m.

25

26

7 p.m.
Karate
Classes

27

Yoga
8 to -9:30 p.m.
Black



28

Playgroup
9:30-11:30 a.m.

29

Yoga at Noon
Bridge Club
2 p.m.
Yoga
8-9:30 p.m.

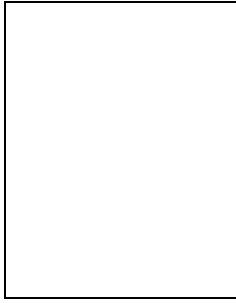
30

Playgroup
9:30-11:30 a.m.

31

ODS PLAYGROUP
9-11:30 a.m.
Happy
Halloween

Amy's Corner



by Amy Kempster
722-6039

Bike lanes central to Scott rebuild

The Scott Street study team presented its findings at an open house in our fieldhouse in September. It identified the three-lane cross-section, with dedicated cycling lanes, to be the recommended solution based on the following rationale:

- No significant natural environment impacts;
- Existing and future traffic volumes on Scott Street can be sufficiently accommodated under a three-lane cross-section;
- Network roadway capacities are controlled by Island Park Drive and Holland Avenue. There are no significant changes proposed at these locations and thus, network capacity will remain unchanged;
- Research has shown that safety improvements are realized where four-lane cross-sections are converted to three lanes (reduction in number of collisions);
- High degree of improvement to bicycle comfort, convenience and safety;
- Pedestrian safety improves;
- No negative impacts to service providers such as OC Transpo, emergency services and maintenance services;
- Minimal social/human impact on local residents because the preferred cross-section requires only a minor road widening (0.5 to 1 metre)
- Project capital costs are minimal when compared to alternative solutions.

Comments were to be submitted

either at the open house or by Sept. 18. The result will be presented to the Transportation Committee in October or November. Check Friday's newspapers for notices. You can attend the Committee hearing and give your opinion on the staff recommendations.

Hikes through the Canadian Shield

Some time ago I mentioned this area as one that I believe the city should try to protect. Here is a notice about hikes in the area.

Ottawa is unique amongst all of the major Canadian cities in that it has a chunk of the Canadian Shield within its borders, including a part that is located within the city's urban boundary. This rugged, beautiful land is situated in the north end of Kanata, and it is widely used by local residents for hiking, skiing, skating, and nature studies but it is largely unknown to other residents of Ottawa. A series of hikes will be held on the last three weekends of October to provide an opportunity for Ottawa residents to become more familiar with this Shield land.

There is no charge for the hikes, but you must register in advance (at least two days prior), and each hike will be limited to 18 entrants. The hikes will be quite long (several hours), and the country is rugged, so dress accordingly. There will be hikes on Saturdays, Oct. 11, 18 and 25. Depending on the demand, there may be additional hikes on the Sundays following those dates. All of the hikes will follow different routes. There will be no restriction on the number of hikes you can sign up for, unless the response is larger than expected.

The Shield rocks are about four billion years old. Precambrian rocks provide our only record of Earth's history for seven-eighths of its existence, including the periods during which our oxygen atmosphere developed and life first appeared. It is a land full of deer, beavers, herons (and a few bears!) Bring

your cameras to get pictures of some of the unique flora and fauna. It may be your last chance, as some of the best parts of this land may soon be destroyed by development because it is right on Ottawa's urban boundary. The city presently owns about 1,000 acres of this land, broken into several parcels. To sign up, please send an email to Amy Kempster (kempster@magma.ca), or 722-6039, fax 722-2612, indicating which of the hikes you want to go on. Please note in your email that you agree that you will be participating at your own risk, and will not hold the land owners, hike operators or the hike supporters responsible for any accidents.

For each walk, meet at the Kanata Town Centre at 8:45 A.M.

Oct. 11, South March Highlands.

Oct. 18, Carp River Escarpment.

Oct. 25, Trillium Woods and Beaver Pond.

Oct. 12, (provisional) South March Highlands.

Oct. 19, (provisional) Carp River Escarpment.

Oct 26, (provisional) Trillium Woods and Beaver Pond.

Newsweek

At a meeting of its members on Sept. 11, it was decided that *Newsweek* would become an insert in a new for-profit newspaper, *The Kitchissippi Times*.

That paper will take over advertising, layout and distribution but leave the eight-page *Newsweek* as an independent insert with a guarantee of payment for the editor and independence for at least three years. The problems of retaining volunteers and cash flow were cited by some members of the executive as the rationale for the change, along with the difficulty of competing in a three-paper situation.

Those opposed to the move were afraid of losing the independence, since the paper would not have independent revenue. In our community we have had a dedicated group of volunteers who have delivered *Newsweek* over the years. I would like to take this opportunity to thank those volunteers and especially **Linda Fancy** and **Louise Stafford** who took over from me and my husband in the job of distributing the paper to the door-to-door deliverers.

