



Champlain Park Community Association
 Association Communautaire du Parc Champlain

FIRST ANNUAL CHAMPLAIN PARK

CHRISTMAS CRAFT SHOW

SUNDAY DECEMBER 8, 1991, 12:30-5:30 P.M.

CHAMPLAIN PARK FIELD HOUSE (Cowley & Clearview)

Why do battle with the Shopping Malls and Parking Garages this December, when you can get that perfect Christmas gift right here in the neighbourhood? The Playgroup is sponsoring the First Annual Christmas Craft Sale on Sunday, December 8, from 12:30 - 5:30 P.M.

About a dozen craft people will set up in the Field House (Cowley at Clearview). They'll sell everything from Victoriana wreaths, jewellery to decorations. It's one of a kind, quality crafts.

There's no admission fee - so come by for a cup of coffee, a chat and a chance to browse. There are even a few tables left if anyone has something to sell. For more information, call Laurie Fagin, 728-1945.

YOGA - FOR BEGINNERS AND INTERMEDIATES
 (Minimum 10, Maximum 20)

For something different why not try yoga? The relaxing breathing and stretching exercises of yoga may be for you! Christine Manning, a Kripalu Certified Yoga instructor has agreed to continue our yoga classes for 10 weeks if we have 10 participants.

PLACE: Champlain Park Fieldhouse, Cowley near Clearview
 TIME: Tuesdays 7:30 P.M. to 9:00 P.M., Jan. 14 to Mar.17, 1992
 FEE: \$32.00 Champlain Park Comm. Ass. members; \$35.00 for others.
 REGISTRATION: 7:00 to 7:30 P.M. Monday and Tuesday, Jan. 6 and 7 at the Champlain Park Field House (Cowley near Clearview).
 If unable to attend registration call Amy Kempster at 722-6039.
 Note: A demonstration class (maximum 20) will be held Dec. 3 at 7:30 P.M. in the Field House. If you wish to attend call Christine Manning at 728-2404. You can register early for the Winter term after this class.



Champlain Park Community Association
Association Communautaire du Parc Champlain

WINTER FITNESS PROGRAM (minimum of 11 required)

This low-impact aerobics class at the beginner-intermediate level is designed for those who wish to have fun while improving their cardiovascular conditioning, muscle strength, flexibility, etc. Joan Reilander, a professional instructor, will lead the class.

PLACE: Champlain Park Field House, Cowley near Clearview

TIME: Monday and Thursday 7:00 to 8:00 P.M. Jan. 13 to Mar. 19

FEE: \$36 for CPCA members; \$39 for non-members

REGISTRATION: 7:00 to 7:30 P.M. Tuesday and Wednesday, Jan. 7 and 8, 1992 at the Champlain Park Field House (Cowley near Clearview).

GARDENING CLUB

The Champlain Park Gardening Club is official - we even have a schedule to carry us through to the summer.

We didn't elect a president at our first meeting. Instead we'll operate as a co-op, each member taking turns booking speakers & setting up for monthly meetings in the Field House (Cowley & Clearview).

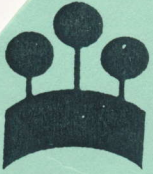
Our next meeting will be Monday, Jan. 20, at 8:15 P.M. The topic will be "Starting from Scratch", and we'll have more details on the subject & speaker in the next flyer. Other topics to get us through the winter include Ordering Seeds & Starting them Indoors, Companion Planting, Underplanting, Planning Perennials for a full bloom, Organic Gardening...and that's just a beginning.

We'll also set up a perennial exchange in the spring, and arrange for tours of each other's gardens-for compliments or advice!

Membership is \$10.00 for members of the Champlain Park Community Association, and \$15.00 for non-members. This will help cover the cost of some guest speakers. For more information call Laurie Fagin 728-1945.

BIRTHDAY PARTY PROGRAM

The Champlain Park Field House can be booked free of charge for children's birthday parties on Saturday and Sunday afternoons by members of the Champlain Park Community Association. No alcohol or smoking. The member holding the party must clean up after, including sweeping the floor. Make bookings several weeks in advance with Amy Kempster 722-6039. Keys to be picked up and returned within three days of the date of the party.



Champlain Park Community Association
 Association Communautaire du Parc Champlain

BEST WISHES OF THE SEASON

WINTERFEST-VOLUNTEERS

Winterfest will be held Sat. Jan. 25, 1992. We would like volunteers for the following activities: food-call Dee Sullivan at 722-8430 -selling tickets for food etc.-call Amy Kempster at 722-6039 -games-entertainment (a clown and face painters would be welcome), call any member of the executive. The executive for your association is:

President: Amy Kempster 118 Clearview 722-6039
 Vice-President: Steve Clark 64 Clearview 761-9150
 Treasurer: Karen Maser 192 Patricia 722-6700
 Secretary: Evelyn Sparks 196 Cowley 728-5552
 Membership Coordinator: Barb Carver 239 Daniel 728-2536
 Communications: Anna Dolan 198 Northwestern 729-5722

CHAMPLAIN PARK OUTDOOR RINK

We hope to again offer a combination high board and free skating surface. Weather permitting, the rink will be open from Dec. 15 for the Christmas holidays. Tentative hours are as follows:

Monday: Closed
 Tuesday to Friday: 4:30 P.M. to 9:30 P.M.
 Saturday: 10:00 A.M. to 6:00 P.M.
 Sunday: 11:00 A.M. to 6:00 P.M.

Note: Bad weather (rain, warm spells) will cancel the rink opening for that day.

ATTENTION! HOCKEY PLAYERS!

Join in the fun! After last year's successful season, we are once again organizing a "Senior's" (over 30) hockey night at the Champlain Park rink. This is hockey for fun--no-contact, friendly competition, and great exercise one night each week. For more information or to register, call Andrew Scott (722-8430) or Bill Braden (728-6004). Date and time will be announced later when rink schedules are drawn up.
